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FOR IMMEDIATE RELEASE

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Nationally Known Speaker on Aging to Kick-off Lecture Series in North Little Rock
Dr. David to offer Strategies to Prevent Alzheimer's Disease

LITTLE ROCK December 6 — David Lipschitz, M.D., Ph.D., director of the Donald W. Reynolds Institute on Aging at the University of Arkansas for Medical Sciences (UAMS), will offer a public lecture on preventing Alzheimer's disease entitled, "A Healthy Mind: Strategies to Prevent Alzheimers."

Lipschitz is scheduled to speak at the Hays Senior Center, 401 W Pershing Blvd, N Little Rock on Wednesday December 13th at 10:30 am. Lunch will be served to those attending.

The lecture is part of the Windsor Medicare Extra educational series on healthy aging being conducted in Arkansas, Mississippi, Tennessee and Alabama.

A nationally syndicated columnist, Lipschitz is chairman of the UAMS Department of Geriatrics and former host of the PBS series "Aging Successfully with Dr. David." He is a nationally renowned expert in the field of senior healthcare and considered one of the "Best Doctors in America."

For reservations to the free lecture program, call toll-free 1-877-243-5844.

About Windsor Health Plan

Windsor Health Plan operates both the Windsor Rx and Windsor Medicare Extra products. Windsor Health Plan is wholly owned by Windsor Health Group Inc., a Nashville Tennessee based managed healthcare company operating fully certified, licensed and contracted government sponsored health plans through the Centers for Medicare & Medicaid Services (CMS) and providing specialty managed care service to both the insurance and healthcare provider communities. Windsor Medicare Extra is a series of Medicare Advantage Plans that provides comprehensive benefit coverage to Medicare beneficiaries. By combining the benefits of Original Medicare, Medicare Supplements and Medicare Prescription drug coverage with extra benefits ranging from preventative care and health screening to hearing, eye care and even transportation coverage, Windsor Medicare Extra Plans provide "all-in-one" coverage from a single trusted source. Windsor Medicare Rx is a Medicare Prescription Drug Plan that provides comprehensive prescription drug coverage to Medicare beneficiaries in Alabama, Arkansas, Mississippi and Tennessee.

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